

## The Men's Shed (North Shore) Trust

# Sheddies' Chatter

### **Shed Clothing**

For those wanting some good quality, hardwearing clothing to wear to the shed we can obtain the following:

- Short-sleeve polo shirts (olive green) S/M/L & up. Breast pocket. Embroidered shed logo - \$35.
- Sweatshirts (bottle green). Same sizes as the polo shirts. Embroidered shed logo. - \$45.
- Zip-up polar fleece jackets (bottle green). 100% polyester. Same sizes as the polo shirts. Shed logo on the chest. - \$50.
- Cargo trousers (olive green). Hard-wearing canvas. 6 pockets plus one for a rule. Sizes 68cm & up. Free belt included. \$50.
- Cargo shorts (olive green). Same details as the trousers, plus a free belt. - \$45.

Prices include GST but are subject to confirmation at time of order. If you wish to order any of the above articles please see or phone Ross Miller at the shed, ph4422145 or email him on [ross-miller@slingshot.co.nz](mailto:ross-miller@slingshot.co.nz) over the next fortnight.

### **Shed Projects**

Although it has been a quiet month for community projects, members have kept very busy with a wide variety of activities.

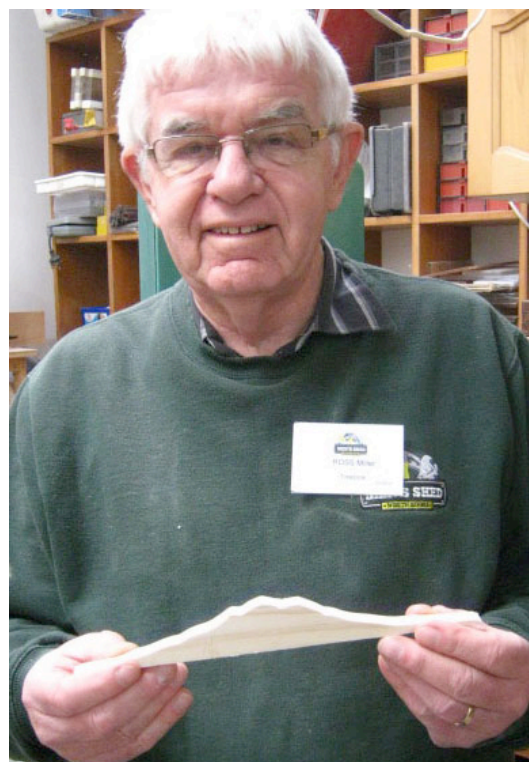
Below - Stephen catches up with the news:



Below - Keen rugby league supporter Matthew made himself a sign for his room. "Go the Warriors!!"



Below - Treasurer Ross Miller has been cutting out 50 Rangitoto Island profiles for the Rangitoto Island Historic Conservation Trust:



Below - Traynor with a new piece for one of his flight simulators:



Below - Trustees Gavin Marks and David Wardlaw give Hank some assistance with the finer details of box construction:



At the Shed there are always interesting small jobs for those with few/no skills as well as for people with specialized skills - just come along and get stuck in. Otherwise bring a project of your own - we have the gear to do most jobs in the woodwork or metalwork lines.

### **Fitness Talk**

On Wednesday 5 August, at 1 o'clock, Andre from the ABS Gym will be visiting The Shed to talk about health and fitness with us. With a bit of luck, members can get their blood pressure checked. Any questions?...please see David Wardlaw.

### **Shed BBQS**

The day of our July BBQ was very cold, so we ate inside. In spite of the chill, a tub of ice-cream disappeared in rapid time!

The next BBQ will be held on Wednesday 12 August at noon. All are welcome. Some food to share will be provided. Please bring your choice of protein to cook.

Several of the members from South Africa are planning to make some "proper sausages" for us - let's hope they get it together for August!

### **Social Media Links**

The July video of events and projects at MSNS can be seen at:

[www.youtube.com/menssheds2000](http://www.youtube.com/menssheds2000)



Our facebook page is updated several times a week. Follow us at:

[www.facebook.com/pages/Mens-Shed-North-Shore/214684608553333](https://www.facebook.com/pages/Mens-Shed-North-Shore/214684608553333)



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